

District 32 Fall Ball Managers Meeting

Fallball Purpose

- Strictly training and development
- Program is conducted informally with training and instruction in a relaxed atmosphere
- All players should get equal playing time and be allowed to play different positions
- Designed to help players learn new skills in a non-competitive environment
- Helps youngsters to make a smoother transition to the next level
- Also great for developing umpires, managers and coaches

Structure

- All players are playing based on 2019 age bracket – age as of August 31, 2019
- Please make every effort to play all games, even without 9 players – it is fall ball and we can borrow players
- Games will begin Sunday, September 9th with the last game on Sunday, November 18th
- All games are played at 12:30pm and 3:00pm unless otherwise noted
- Score is kept for the sole purpose of tracking **4** runs per inning.
- Games do not need to be made up, if you must cancel please notify the opposing manager as soon as possible.
- For weather reports, please check with the home field league to see if their fields are playable (Should we get some rain in San Diego!)

Safety

- Fall Ball is low-key from a competitive standpoint, but not in terms of safety
- All regular season safety rules still apply
- All managers should review a copy of their league's safety plan

Thanks for volunteering to make a difference this season!

District Administrator:

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Fall Ball 2019 Rules

- Time limit for games is 2 hours. No new inning can begin after 1 hour and 45 minutes
- Teams bat until three outs or **four** runs are scored, whichever comes first
- Fall ball is for training and development only. No game scores are kept for purpose of winning
- Pitchers may pitch a maximum of two innings per game. All other pitching rules follow the official Little League rules. A pitcher who throws more than 40 pitches in a game may not catch during the remainder of that day. No one who catches any portion of four different innings is eligible to pitch for the remainder of that day
- All teams use a continuous batting order (all players bat)
- Both teams bring at least one game ball to each game
- Home team is responsible for supplying umpires. If no umpires are available, a coach or manager from the defensive team will call the game from behind the mound
- Balks are called solely for the purpose of training pitchers, no penalty will be imposed

Intermediate Division (11-13 Year Olds)

- Uses Junior rules with these exceptions:
 - No on deck circle if field doesn't have room

A Few Key Safety Rules to Remember

- Players must not throw helmets, bats or other equipment at any time
 - Players must remain in the dugout if not on the field or batting
 - All catchers must wear approved gear (face mask with full catcher's helmet, throat guard, chest protector, shin guards, athletic supporter and catcher's cup)
 - All players on the batting team must have batting helmets on any time they are outside of the dugout for any reason
 - No player will be allowed to warm up a pitcher without wearing a catcher's mask and full helmet. Any player catching or shagging during infield warm ups must wear a catcher's helmet
 - Players must wear a batting helmet during batting practice regardless of the type of ball being used
 - No adults are allowed to warm-up pitchers either on the field or in the bullpen
 - No adult may have a glove on unless they are hitting infield by themselves (bat in one hand, glove on the other and there is no catcher)
 - No player will be allowed to squat to warm up a pitcher unless wearing a catcher's cup
 - No food (including gum) is allowed in the dugouts or on the playing field. Water and sports drinks are the only drinks allowed in the dugouts
 - No jewelry may be worn at either games or practices
- Metal cleats may only be worn in the Intermediate and Junior divisions
 - On deck circle may only be used in the Intermediate and Junior divisions

These are only a few safety reminders. Please read your safety manual and rule book to ensure that you and your team are following all safety regulations.